

EVALUATION OF AN AYURVEDIC ANTI-OBESITY DRUG

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Obesity is a common problem due to the present day life style and diet habits. People today are more conscious of their health and figure, and want to reduce without making any efforts towards diet and exercise. Figurin is a herbo-mineral preparation that helps to reduce weight. These drugs have been tried on 20 patients with the help of SLIM LINE, Obesity Clinic at Mumbai. 30 % of the patients had severe obesity, 25 % had moderate obesity and 45 % patient had mild obesity. The average weight loss observed during the trial was 5.9 kg. The serum cholesterol decreased by 10.48 %. Body fat analysis revealed a reduction in body fat (Kg) by 23.53 %, reduction in water (Lt.) by 8.67 %, whereas BMR increased by 12.6%, and lean (Kg) increased by 7.78%. Overall body measurements also showed some decrease that was statistically insignificant, as the treatment period was 3 months only.

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